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from

Suzanne Lieurance

The Wealthy Writers Club

<http://www.wealthywritersclub.com>

**Stop Thinking Small Checklist**

Use this checklist to get started with your fast track guide to stop thinking small and building the life of your dreams.

**Know the Difference Between Scarcity Thinking and Abundant Thinking**

* Scarcity Thinking
  + There Isn’t Enough to Go Around
  + Can’t Build Relationships Due to Lack of Trust
  + Resentful of Competition
  + You Focus on Getting By
  + You Think the Future is Gloomy
  + You Avoid Risk & Think Small
  + You Live in Fear
  + You Feel Angry & Entitled
* Abundant Thinking
  + You Know There is Not Only Enough but There is MORE
  + You Love Sharing Your Knowledge
  + You Build Valuable Relationships
  + Competitors are Welcome
  + You Want to Give MORE Value
  + You’re Optimistic About the Future
  + You Embrace Educated Risk
  + You’re Thankful & Grateful
  + You’re Confident in Your Abilities

**Focus on Abundance**

* You Know the World is Getting Better
* Instead of Saying I Can’t , Say Why Not
* Assess Risk but Don’t Stop Just Change Course
* You Work on Your Deficiencies
* You Embrace Your Strengths
* You Ride the Waves
* You Plan for The Future
* You Commit to The Plan
* You Don’t Wait for Perfection

**Practice Gratitude**

* You Say Thank You
* You Give Back
* You Always Try to Provide Extra Value
* You Show Gratitude

**Write Down Your Goals**

* Be Specific
* Make it Measurable
* Know That It’s Achievable (test, research)
* Ensure Your Goal is Relevant
* Set a Time Limit
* Act

**Find Other Positive People Who Live in Abundance**

* Network with Your Competition
* Find Other Positive People
* Build Others Confidence
* Smile
* Be Confident
* Do Your Homework
* Listen

**Share the Wealth**

* Teach What You Know
* Reach Out to Others
* Don’t Reach for Perfection

Get the accountability and guidance you need to succeed. Register for your *Quick-Start Coaching Intensive* now at <http://www.quickstartfreelancewriting.com>.